



# Diagnostic Self-Referral



Find your nearest clinic: <https://endodiagnosis.com/find-a-clinic>

Self-refer for ENDOSURE diagnostic testing for endometriosis by contacting a clinic offering ENDOSURE test directly. You may also ask your Primary Care Provider to refer you for testing. Clinician referral forms are available at <https://endodiagnosis.com/refer>

## PRIMARY REASON FOR SELF-REFERRAL

- |   |   |  |  |
|---|---|--|--|
| <input type="checkbox"/> Dysmenorrhea / Painful Periods   | <input type="checkbox"/> Dysuria / painful urination    | <input type="checkbox"/> Infertility/Miscarriage           | <input type="checkbox"/> IBS / GI / Bloating |
| <input type="checkbox"/> Chronic pelvic pain              | <input type="checkbox"/> Dyschezia / painful defecation | <input type="checkbox"/> Dyspareunia / painful intercourse | <input type="checkbox"/> Other:              |
| <input type="checkbox"/> Menorrhagia / Heavy Menstruation | <input type="checkbox"/> Fatigue                        | <input type="checkbox"/> Anxiety / Depression              | _____  |

ENDOSURE Testing is not currently covered by provincial healthcare. It may be covered by other medical insurance benefits. This test may not be right for you. You should talk to a healthcare professional first.

## ENDOSURE TIER-1 DIAGNOSTIC TEST FOR ENDOMETRIOSIS

The ENDOSURE test is a 30-minute, highly accurate, non-invasive diagnostic test for endometriosis. The test uses electroviscerography (EVG) to detect the GIMA biomarker for endometriosis, a characteristic "fingerprint" of abdominal seizure-like activity unique to endometriosis & adenomyosis sufferers. ENDOSURE offers diagnostic support to your clinician for a confident diagnosis of endometriosis without laparoscopy. ENDOSURE is authorized for sale by Health Canada.

### TIER-1 Diagnostic Testing

Detects presence of all stages and subtypes of endometriosis, regardless of location in the body. ENDOSURE does not determine disease stage nor location of endometriosis lesions.

### Allows for Earlier Intervention

Objective and auto-diagnostic, ENDOSURE Test results provide decision support for a timely diagnosis and faster access to medical and/or surgical treatment.

### Appropriate for all ages of patients

Painless and non-invasive procedure, easy test preparation and clothes stay on during testing

### Patient Preparation Details

- 8-hrs pretest: no food, water/fluids, caffeine, gum
- 2-days/48 hrs pretest: No opioid pain medications
- 3-days/72 hrs pretest: No anti-spasmodics, prokinetics or bowel stimulants
- 30-days before testing: No GLP-1 agonists, THC containing cannabis products. Do not stop medications until speaking with your doctor or pharmacist first.

### When to book testing:

Time testing for when you are NOT menstruating  
Ensure other diseases you may have are stable

#### List of concerning illnesses:

- Celiac disease
- Crohn's or Ulcerative colitis
- Small bowel bacterial overgrowth (SIBO)
- Bowel obstruction
- Viral or bacterial gastroenteritis
- Persistent nausea and vomiting

Wait 2 WEEKS (14-days) after resolution of:

- Acute gastrointestinal illness
- Intra-abdominal infection
- Intra-pelvic infection

Wait 3 MONTHS after recovery from abdominal or pelvic surgery of any type

## PATIENT INFORMATION

First Name		Last Name	
Address			
City		Prov	PC
DOB		PHN	
Phone		Mobile	
Email Address			